Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage for:Individual or Individual + Family |Plan Type:HMO

# SoloCare Exp Bronze HMO 7200 110030-03

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1- 866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1- 866-403-2785 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or \$7,200/Individual, \$14,400/Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive</u> <u>care/screening</u> /immunization. Additional details included per service category elsewhere in this SBC.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP	You don't have to meet a <u>deductible</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$9,200/Individual, \$18,400/Family Out of Network: Not Applicable	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.alliantplans.com</u> or call 1-866-403- 2785 for a list of <u>network providers</u> .	This plan uses a <u>provider network</u> . You will pay less if you use a provider, in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges (unless balance billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

		What You Will Pay				
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider In-Network Provider (You will pay less)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness.	No Charge	50% coinsurance	Not Covered	None	
	<u>Specialist</u> visit	No Charge	50% <u>coinsurance</u>	Not Covered	None	
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/immunization	No Charge	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
lf you have a test	Diagnostic test (x-ray, blood work)	No Charge	50% coinsurance	Not Covered	Laboratory/Pathology No Charge	
	Imaging (CT/PET scans, MRIs)	No Charge	50% coinsurance	Not Covered	None	
If you need drugs to	Generic drugs	No Charge	50% coinsurance	50% coinsurance	Deductibles apply unless stated ' <u>deductible</u> does not apply'. After meeting the <u>deductible</u> , <u>copayments</u> or <u>coinsurance</u> are due. Full drug cost may be required before copayment	
treat your illness or condition	Preferred brand drugs	No Charge	50% coinsurance	50% coinsurance		
More information	Non-preferred brand drugs	No Charge	50% <u>coinsurance</u>	50% <u>coinsurance</u>		
about <u>prescription</u> <u>drug coverage</u> is available at www.alliantplans.com	Specialty drugs	No Charge	\$500 <u>copayment</u>	\$500 <u>copayment</u>		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	50% coinsurance	Not Covered	None	
	Physician/surgeon fees	No Charge	50% coinsurance	Not Covered	None	
	Emergency room care	No Charge	\$1,000 <u>copayment</u> /visit,	\$1,000 <u>copayment</u> /visit,	None	

		What You Will Pay				
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider In-Network Provider (You will pay less)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need immediate medical attention			Deductible does not apply	Deductible does not apply		
	Emergency medical transportation	No Charge	\$1,000 <u>copayment</u> /visit, <u>Deductible</u> does not apply	\$1,000 <u>copayment</u> /visit, <u>Deductible</u> does not apply	None	
	Urgent care	No Charge	50% coinsurance	Not Covered	None	
lf you have a	Facility fee (e.g., hospital room)	No Charge	50% coinsurance	Not Covered	None	
hospital stay	Physician/surgeon fees	No Charge	50% coinsurance	Not Covered	None	
If you need mental health, behavioral health, or substance	Outpatient services	No Charge	50% coinsurance and 50% <u>coinsurance</u> for other outpatient services	Not Covered	None	
abuse services	Inpatient services	No Charge	50% coinsurance	Not Covered	None	
lf you are pregnant	Office visits	No Charge	50% <u>coinsurance</u>	Not Covered	Office Visits after confirmation of Pregnancy are subject to <u>Coinsurance</u> . <u>Cost-sharing</u> does not apply for <u>preventive</u> <u>services</u> . Office Visits unrelated to Pregnancy are subject to the PCP or Specialist Copay. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery professional services	No Charge	50% coinsurance	Not Covered	None	

	Services You May Need	What You Will Pay				
Common Medical Event		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider In-Network Provider (You will pay less)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Childbirth/delivery facility services	No Charge	50% coinsurance	Not Covered	None	
If you need help recovering or have other special health needs	Home health care	No Charge	50% coinsurance	Not Covered	Limited to 120 visits per year	
	Rehabilitation services	No Charge	50% coinsurance	Not Covered	Limited to 40 visits per year	
	Habilitation services	No Charge	50% coinsurance	Not Covered	Limited to 40 visits per year	
	Skilled nursing care	No Charge	50% coinsurance	Not Covered	Limited to 60 days per year	
	Durable medical equipment	No Charge	50% coinsurance	Not Covered	None	
	Hospice services	No Charge	50% coinsurance	Not Covered	None	
lf your child needs dental or eye care	Children's eye exam	No Charge	50% coinsurance	Not Covered	Limited to 1 exam per year	
	Children's glasses	No Charge	50% coinsurance	Not Covered	Limited to 1 item per year	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	None	

### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
• Abortion (except in case of rape, incest, or when	<ul> <li>Dental care (Adult)</li> </ul>	<ul> <li>Non-emergency care when traveling outside the</li> </ul>		
life of mother is endangered)		U.S.		
Acupuncture	<ul> <li>Hearing aids</li> </ul>	<ul> <li>Private-duty nursing</li> </ul>		
Bariatric surgery	<ul> <li>Infertility treatment</li> </ul>	<ul> <li>Routine eye care (Adult)</li> </ul>		
Chiropractic care	Long-term care	Routine foot care		

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

• Cosmetic surgery limited to reconstructive surgery • Weight loss programs (4 visits per year for nutritional counseling)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or <a href="https://www.oci.ga.gov">www.oci.ga.gov</a>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Insurance</a> Marketplace, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Georgia Department of Insurance, 1-800-656-2298 or <u>www.oci.ga.gov.</u>

#### Does this plan provide Minimum Essential Coverage? Yes.

If you don't have <u>minimum essential coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-833-613-2262. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-833-613-2262.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a B</b> (9 months of in-network pre-natal c delivery)		Managing Joe's Type 2 (a year of routine in-network care of condition)		<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)		
The plan's overall deductible\$7,200Specialist coinsurance50%Hospital (facility) coinsurance50%Other coinsurance50%		Specialist coinsurance50%Hospital (facility) coinsurance50%		<ul> <li>The plan's overall <u>deductible</u></li> <li><u>Specialist coinsurance</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>		
This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests(ultrasounds and blood work)Specialistvisit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianPrimary care physicianoffice visits (including diseaseeducation)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)		
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:		
Cost Sharing		Cost Sharing		Cost Sharing		
Deductibles	\$0	<u>Deductibles</u>	\$0	Deductibles	\$0	
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0	<u>Copayments</u>	\$0	
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0	
The total Peg would pay is	\$9,260	The total Joe would pay is	\$5,320	The total Mia would pay is	\$2,800	

Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP <u>provider</u> without a <u>referral</u> from an IHCP your costs may be higher.