Coverage for:Individual or Individual + Family |Plan Type:PPO

SoloCare Standard Silver PPO Chiro 40379-06

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1- 866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other

underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1-866-403-2785 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In Network: \$0/Individual, \$0/Family Out of Network: \$20,000/Individual, \$40,000/Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> . amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive</u> <u>care/screening</u> /immunization. Additional details included per service category elsewhere in this SBC.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet a <u>deductible</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$2,000/Individual, \$4,000/Family Out of Network: Not Applicable	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a referral
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.alliantplans.com</u> or call 1-866-403- 2785 for a list of <u>network providers</u> .	This plan uses a <u>provider network</u> . You will pay less if you use a provider, in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges (unless balance billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You	u Will Pay	Limitations Exceptions 8 Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness.	\$0 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
If you visit a health care	<u>Specialist</u> visit	\$10 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
provider's office or clinic	Preventive care/screening/immunization	No Charge	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	25% <u>coinsurance</u> , <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
If you have a test	Imaging (CT/PET scans, MRIs)	25% <u>coinsurance</u> , <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
	Generic drugs	\$0 <u>copayment</u> , <u>Deductible</u> does not apply	\$0 <u>copayment</u> , <u>Deductible</u> does not apply		
If you need drugs to treat your illness or condition More information about	Preferred brand drugs	\$15 <u>copayment,</u> <u>Deductible</u> does not apply	\$15 <u>copayment,</u> <u>Deductible</u> does not apply	Deductibles apply unless stated ' <u>deductible</u> does not apply'. After meeting the <u>deductible</u> , <u>copayments</u> or	
prescription drug coverage is available at www.alliantplans.com	Non-preferred brand drugs	\$50 <u>copayment,</u> <u>Deductible</u> does not apply	\$50 <u>copayment,</u> <u>Deductible</u> does not apply	<u>coinsurance</u> are due. Full drug cost may be required before copayment	
	Specialty drugs	\$150 <u>copayment,</u> <u>Deductible</u> does not apply	\$150 <u>copayment</u> , <u>Deductible</u> does not apply		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
surgery	Physician/surgeon fees	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	

Common		What You	u Will Pay	Limitations Executions 8 Other	
Medical Event	Services You May Need	In Network Out of Network (You will pay the least) (You will pay the most)		Limitations, Exceptions, & Other Important Information	
	Emergency room care	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
If you need immediate medical attention	Emergency medical transportation	25% <u>coinsurance</u> , <u>Deductible</u> does not apply	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
	Urgent care	\$5 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
If you have a boanital atoy	Facility fee (e.g., hospital room)	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
If you have a hospital stay	Physician/surgeon fees	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
lf you need mental health, behavioral health, or	Outpatient services	\$0 copayment/visit and 25% <u>coinsurance</u> for other outpatient services, <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
substance abuse services	Inpatient services	25% <u>coinsurance</u> , <u>Deductible</u> does not apply	40% <u>coinsurance</u> , <u>Deductible</u> does not apply	None	
If you are pregnant	Office visits	\$0 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	Office Visits after confirmation of Pregnancy are subject to <u>Coinsurance</u> . <u>Cost-sharing</u> does not apply for <u>preventive services</u> . Office Visits unrelated to Pregnancy are subject to the PCP or Specialist Copay. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery professional services	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
	Childbirth/delivery facility services	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	

Common		What You	u Will Pay	Limitations Evapytions & Other	
Medical Event	Services You May Need	In Network Out of Network (You will pay the least) (You will pay the most)		Limitations, Exceptions, & Other Important Information	
	Home health care	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	Limited to 120 visits per year	
	Rehabilitation services	\$0 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u> , <u>Deductible</u> does not apply	Limited to 40 visits per year	
If you need help recovering	Habilitation services	\$0 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u> , <u>Deductible</u> does not apply	Limited to 40 visits per year	
or have other special health needs	Skilled nursing care	25% <u>coinsurance</u> , <u>Deductible</u> does not apply	40% <u>coinsurance</u> , <u>Deductible</u> does not apply	Limited to 60 days per year	
	Durable medical equipment	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance</u> , <u>Deductible</u> does not apply	None	
	Hospice services	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	None	
	Children's eye exam	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	Limited to 1 exam per year	
If your child needs dental or eye care	Children's glasses	25% <u>coinsurance,</u> <u>Deductible</u> does not apply	40% <u>coinsurance,</u> <u>Deductible</u> does not apply	Limited to 1 item per year	
	Children's dental check-up	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				
• Abortion (except in case of rape, incest, or when life of mother is endangered)	Hearing aids	 Private-duty nursing 		
Acupuncture	Infertility treatment	Routine eye care (Adult)		
Bariatric surgery	Long-term care	Routine foot care		
Dental care (Adult)	 Non-emergency care when traveling outside the U.S. 			
Other Covered Services (Limitations may apply to	o these services. This isn't a complete list. Please s	see your <u>plan</u> document.)		
Chiropractic care	Cosmetic surgery limited to reconstructive surgery	 Weight loss programs (4 visits per year for 		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or www.oci.ga.gov, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

nutritional counseling)

to restore function

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Georgia Department of Insurance, 1-800-656-2298 or <u>www.oci.ga.gov.</u>

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have <u>minimum essential coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-833-613-2262.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-613-2262.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)		
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>copayment</u> 	\$0 \$10 25% \$0	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>copayment</u> 	\$0 \$10 25% \$0	 Specialist copayment Hospital (facility) coinsurance 		
This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests(ultrasounds and blood work)Specialistvisit (anesthesia)		This EXAMPLE event includes services like:Primary care physician office visits (including diseaseeducation)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)		
	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
Total Example Cost	ψ12,700		In this example, Joe would pay:		In this example, Mia would pay:	
Total Example Cost In this example, Peg would pay:	φ12,700	In this example, Joe would pay:		In this example, Mia would pay:		
•	φ12,100	In this example, Joe would pay: Cost Sharing		In this example, Mia would pay: Cost Sharing		
In this example, Peg would pay:	\$0	· · · · · ·	\$0		\$0	
In this example, Peg would pay: Cost Sharing		Cost Sharing	\$0 \$20	Cost Sharing	\$0 \$10	
In this example, Peg would pay: Cost Sharing Deductibles	\$0	Cost Sharing Deductibles		Cost Sharing Deductibles		
In this example, Peg would pay: Cost Sharing Deductibles Copayments	\$0 \$0 \$2,000	Cost Sharing Deductibles Copayments	\$20	Cost Sharing Deductibles Copayments	\$10	
In this example, Peg would pay: Cost Sharing Deductibles Copayments Coinsurance	\$0 \$0 \$2,000	Cost Sharing Deductibles Copayments Coinsurance	\$20	Cost Sharing Deductibles Copayments Coinsurance	\$10	

reduce your costs.For more information about the wellness program, please contact: