Coverage for:Individual or Individual + Family |Plan Type:PPO

## SoloCare Standard Silver PPO Chiro 40379-05

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1- 866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1- 866-403-2785 to request a copy.

| Important Questions   | Answers  | Why This Matters:  |
|---|--|--|
| What is the overall<br>deductible?  | In Network: \$500/Individual, \$1,000/Family<br>Out of Network: \$20,000/Individual,<br>\$40,000/Family                                      | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> .<br>amount before this <u>plan</u> begins to pay. If you have other family members on the<br><u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total<br>amount of <u>deductible</u> expenses paid by all family members meets the overall<br>family <u>deductible</u> .  |
| Are there services<br>covered before you<br>meet your <u>deductible</u> ?   | Yes. <u>Preventive</u><br><u>care/screening</u> /immunization. Additional details<br>included per service category elsewhere in this<br>SBC. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .  |
| Are there other<br><u>deductibles</u> for specific<br>services?             | No.  | You don't have to meet a <u>deductible</u> for specific services.  |
| What is the <u>out-of-</u><br><u>pocket limit</u> for this<br><u>plan</u> ? | In Network: \$3,000/Individual, \$6,000/Family<br>Out of Network: Not Applicable   | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.  |
| Do you need a <u>referral</u><br>to see a <u>specialist</u> ?               | No.  | You can see the specialist you choose without a referral   |
| Will you pay less if you<br>use a <u>network</u><br><u>provider</u> ?       | Yes. See <u>www.alliantplans.com</u> or call 1-866-403-<br>2785 for a list of <u>network providers</u> .                                     | This plan uses a <u>provider network</u> . You will pay less if you use a provider, in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services. |
| What is not included in the <u>out-of-pocket limit</u> ?                    | Premiums, balance-billing charges (unless balance billing is prohibited), and health care this plan doesn't cover.                           | Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .  |



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

| Common   |   | What You  | ı Will Pay   | Limitations Exceptions 8 Other  |  |
|--|---|---|--|---|--|
| Medical Event  | Services You May Need                             | In Network<br>(You will pay the least)                            | Out of Network<br>(You will pay the most)                  | Limitations, Exceptions, & Other<br>Important Information   |  |
| If you visit a health care<br><u>provider's</u> office or clinic   | Primary care visit to treat an injury or illness. | \$20 <u>copayment</u> /visit,<br><u>Deductible</u> does not apply | 40% coinsurance  | None  |  |
|  | <u>Specialist</u> visit                           | \$40 <u>copayment</u> /visit,<br><u>Deductible</u> does not apply | 40% coinsurance  | None  |  |
|  | Preventive<br>care/screening/immunization         | No Charge   | 40% <u>coinsurance</u>                                     | You may have to pay for services that<br>aren't preventive. Ask your <u>provider</u> if<br>the services needed are preventive.<br>Then check what your <u>plan</u> will pay<br>for. |  |
| If you have a test   | Diagnostic test (x-ray, blood work)               | 30% coinsurance   | 40% coinsurance  | None  |  |
| If you have a test   | Imaging (CT/PET scans,<br>MRIs)                   | 30% coinsurance   | 40% coinsurance  | None  |  |
| If you need drugs to treat   | Generic drugs                                     | \$10 <u>copayment</u> ,<br><u>Deductible</u> does not apply       | \$10 <u>copayment,</u><br><u>Deductible</u> does not apply | Deductibles apply unless stated   |  |
| your illness or condition<br>More information about<br>prescription drug coverage<br>is available at<br>www.alliantplans.com | Preferred brand drugs                             | \$20 <u>copayment</u> ,<br><u>Deductible</u> does not apply       | \$20 <u>copayment,</u><br><u>Deductible</u> does not apply | ' <u>deductible</u> does not apply'. After meeting the <u>deductible</u> , <u>copayments</u> or   |  |
|  | Non-preferred brand drugs                         | \$60 <u>copayment</u>   | \$60 <u>copayment</u>                                      | coinsurance are due. Full drug cost may be required before copayment  |  |
|  | Specialty drugs                                   | \$250 <u>copayment</u>  | \$250 <u>copayment</u>                                     |   |  |
| If you have outpatient   | Facility fee (e.g., ambulatory surgery center)    | 30% coinsurance   | 40% coinsurance  | None  |  |
| surgery  | Physician/surgeon fees                            | 30% coinsurance   | 40% coinsurance  | None  |  |
| If you need immediate  | Emergency room care                               | 30% <u>coinsurance</u>  | 30% <u>coinsurance</u>                                     | None  |  |
| If you need immediate medical attention  | Emergency medical<br>transportation               | 30% coinsurance   | 30% coinsurance  | None  |  |

| Common  |   | What You Will Pay  |   | Limitations Eventions 8 Other  |  |
|---|---|--|---|--|--|
| Medical Event   | Services You May Need                     | In Network<br>(You will pay the least)   | Out of Network<br>(You will pay the most) | Limitations, Exceptions, & Other<br>Important Information  |  |
|   | <u>Urgent care</u>                        | \$30 <u>copayment</u> /visit,<br><u>Deductible</u> does not apply  | 40% <u>coinsurance</u>                    | None   |  |
| If you have a hospital stay   | Facility fee (e.g., hospital room)        | 30% <u>coinsurance</u>   | 40% <u>coinsurance</u>                    | None   |  |
|   | Physician/surgeon fees                    | 30% coinsurance  | 40% coinsurance                           | None   |  |
| If you need mental health,<br>behavioral health, or<br>substance abuse services | Outpatient services                       | \$20 copayment/visit and<br>30% <u>coinsurance</u> for other<br>outpatient services,<br><u>Deductible</u> does not apply | 40% <u>coinsurance</u>                    | None   |  |
|   | Inpatient services                        | 30% coinsurance  | 40% coinsurance                           | None   |  |
| If you are pregnant   | Office visits                             | \$20 <u>copayment</u> /visit,<br><u>Deductible</u> does not apply  | 40% <u>coinsurance</u>                    | Office Visits after confirmation of<br>Pregnancy are subject to<br><u>Coinsurance</u> . <u>Cost-sharing</u> does not<br>apply for <u>preventive services</u> . Office<br>Visits unrelated to Pregnancy are<br>subject to the PCP or Specialist<br>Copay. Maternity care may include<br>tests and services described<br>elsewhere in the SBC (i.e. ultrasound). |  |
|   | Childbirth/delivery professional services | 30% <u>coinsurance</u>   | 40% <u>coinsurance</u>                    | None   |  |
|   | Childbirth/delivery facility services     | 30% <u>coinsurance</u>   | 40% coinsurance                           | None   |  |
|   | Home health care                          | 30% coinsurance  | 40% coinsurance                           | Limited to 120 visits per year   |  |
| If you need help recovering<br>or have other special health                     | Rehabilitation services                   | \$20 <u>copayment</u> /visit,<br><u>Deductible</u> does not apply  | 40% <u>coinsurance</u>                    | Limited to 40 visits per year  |  |
| needs   | Habilitation services                     | \$20 <u>copayment</u> /visit,<br><u>Deductible</u> does not apply  | 40% <u>coinsurance</u>                    | Limited to 40 visits per year  |  |

| Common   | Services You May Need      | What You                               | Limitations Evapations 9 Other            |   |
|--|----------------------------|--|---|---|
| Medical Event  |                            | In Network<br>(You will pay the least) | Out of Network<br>(You will pay the most) | Limitations, Exceptions, & Other<br>Important Information |
|  | Skilled nursing care       | 30% <u>coinsurance</u>                 | 40% <u>coinsurance</u>                    | Limited to 60 days per year                               |
|  | Durable medical equipment  | 30% <u>coinsurance</u>                 | 40% <u>coinsurance</u>                    | None  |
|  | Hospice services           | 30% <u>coinsurance</u>                 | 40% <u>coinsurance</u>                    | None  |
| If your child needs dental or eye care   | Children's eye exam        | 30% <u>coinsurance</u>                 | 40% <u>coinsurance</u>                    | Limited to 1 exam per year                                |
|  | Children's glasses         | 30% <u>coinsurance</u>                 | 40% <u>coinsurance</u>                    | Limited to 1 item per year                                |
|  | Children's dental check-up | Not Covered                            | Not Covered                               | None  |
| Excluded Services & Other Covered Services:  |                            |  |   |   |
| Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.) |                            |  |   |   |

| • Abortion (except in case of rape, incest, or when life of mother is endangered) | Hearing aids  | <ul> <li>Private-duty nursing</li> </ul>  |
|---|---|---|
| Acupuncture   | Infertility treatment   | <ul> <li>Routine eye care (Adult)</li> </ul>  |
| Bariatric surgery   | Long-term care  | Routine foot care   |
| Dental care (Adult)   | <ul> <li>Non-emergency care when traveling outside the U.S.</li> </ul>                        |   |
| Other Covered Services (Limitations may apply                                     | to these services. This isn't a complete list. Please   | see your <u>plan</u> document.)   |
| Chiropractic care   | <ul> <li>Cosmetic surgery limited to reconstructive surger<br/>to restore function</li> </ul> | <ul> <li>Weight loss programs (4 visits per year for<br/>nutritional counseling)</li> </ul> |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or <a href="https://www.oci.ga.gov">www.oci.ga.gov</a>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.oci.ga.gov</a>, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Georgia Department of Insurance, 1-800-656-2298 or <u>www.oci.ga.gov.</u>

## Does this plan provide Minimum Essential Coverage? Yes.

If you don't have <u>minimum essential coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-833-613-2262. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-833-613-2262.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

| <b>Peg is Having a Baby</b><br>(9 months of in-network pre-natal care and a hospital delivery)  |                              | Managing Joe's Type 2 Diabetes<br>(a year of routine in-network care of a well-controlled<br>condition)   |                              | Mia's Simple Fracture<br>(in-network emergency room visit and follow up care)   |                              |
|---|------------------------------|---|------------------------------|---|------------------------------|
| <ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>copayment</u></li> </ul>  | \$500<br>\$40<br>30%<br>\$20 | <ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>copayment</u></li> </ul>                | \$500<br>\$40<br>30%<br>\$20 | <ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>copayment</u></li> </ul>  | \$500<br>\$40<br>30%<br>\$20 |
| This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests(ultrasounds and blood work)Specialistvisit (anesthesia) |                              | This EXAMPLE event includes services like:Primary care physician office visits (including diseaseeducation)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter) |                              | This EXAMPLE event includes services like:<br><u>Emergency room care</u> (including medical supplies)<br><u>Diagnostic test</u> (x-ray)<br><u>Durable medical equipment</u> (crutches)<br><u>Rehabilitation services</u> (physical therapy) |                              |
| Total Example Cost  | \$12,700                     | Total Example Cost  | \$5,600                      | Total Example Cost  | \$2,800                      |
| In this example, Peg would pay:   |                              | In this example, Joe would pay:   |                              | In this example, Mia would pay:   |                              |
| Cost Sharing  |                              | Cost Sharing  |                              | Cost Sharing  |                              |
| Deductibles   | \$500                        | Deductibles   | \$300                        | Deductibles   | \$500                        |
|   | \$40                         | Copayments  | \$700                        | <u>Copayments</u>   | \$100                        |
| <u>Copayments</u>   | ψ+0                          |   |                              |   |                              |
| Copayments<br>Coinsurance   | \$2,500                      | Coinsurance   | \$0                          | <u>Coinsurance</u>  | \$600                        |
|   | \$2,500                      |   | \$0                          | Coinsurance<br>What isn't covered   | \$600                        |
| Coinsurance   | \$2,500                      | Coinsurance   | \$0<br>                      |   | \$600<br>\$0                 |

reduce your costs.For more information about the wellness program, please contact: