Coverage for:Individual or Individual + Family |Plan Type:PPO

SoloCare Standard Silver PPO Chiro 40379-05

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1- 866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1- 866-403-2785 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In Network: \$500/Individual, \$1,000/Family Out of Network: \$20,000/Individual, \$40,000/Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> . amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive</u> <u>care/screening</u> /immunization. Additional details included per service category elsewhere in this SBC.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet a <u>deductible</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$3,000/Individual, \$6,000/Family Out of Network: Not Applicable	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.alliantplans.com</u> or call 1-866-403- 2785 for a list of <u>network providers</u> .	This plan uses a <u>provider network</u> . You will pay less if you use a provider, in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges (unless balance billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You	ı Will Pay	Limitations Exceptions 8 Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness.	\$20 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	None	
	<u>Specialist</u> visit	\$40 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	None	
	Preventive care/screening/immunization	No Charge	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	40% coinsurance	None	
If you have a test	Imaging (CT/PET scans, MRIs)	30% coinsurance	40% coinsurance	None	
If you need drugs to treat	Generic drugs	\$10 <u>copayment</u> , <u>Deductible</u> does not apply	\$10 <u>copayment,</u> <u>Deductible</u> does not apply	Deductibles apply unless stated	
your illness or condition More information about prescription drug coverage is available at www.alliantplans.com	Preferred brand drugs	\$20 <u>copayment</u> , <u>Deductible</u> does not apply	\$20 <u>copayment,</u> <u>Deductible</u> does not apply	' <u>deductible</u> does not apply'. After meeting the <u>deductible</u> , <u>copayments</u> or	
	Non-preferred brand drugs	\$60 <u>copayment</u>	\$60 <u>copayment</u>	coinsurance are due. Full drug cost may be required before copayment	
	Specialty drugs	\$250 <u>copayment</u>	\$250 <u>copayment</u>		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	40% coinsurance	None	
surgery	Physician/surgeon fees	30% coinsurance	40% coinsurance	None	
If you need immediate	Emergency room care	30% <u>coinsurance</u>	30% <u>coinsurance</u>	None	
If you need immediate medical attention	Emergency medical transportation	30% coinsurance	30% coinsurance	None	

Common		What You Will Pay		Limitations Eventions 8 Other	
Medical Event	Services You May Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	<u>Urgent care</u>	\$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	30% <u>coinsurance</u>	40% <u>coinsurance</u>	None	
	Physician/surgeon fees	30% coinsurance	40% coinsurance	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$20 copayment/visit and 30% <u>coinsurance</u> for other outpatient services, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	None	
	Inpatient services	30% coinsurance	40% coinsurance	None	
If you are pregnant	Office visits	\$20 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	Office Visits after confirmation of Pregnancy are subject to <u>Coinsurance</u> . <u>Cost-sharing</u> does not apply for <u>preventive services</u> . Office Visits unrelated to Pregnancy are subject to the PCP or Specialist Copay. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery professional services	30% <u>coinsurance</u>	40% <u>coinsurance</u>	None	
	Childbirth/delivery facility services	30% <u>coinsurance</u>	40% coinsurance	None	
	Home health care	30% coinsurance	40% coinsurance	Limited to 120 visits per year	
If you need help recovering or have other special health	Rehabilitation services	\$20 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	Limited to 40 visits per year	
needs	Habilitation services	\$20 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	Limited to 40 visits per year	

Common	Services You May Need	What You	Limitations Evapations 9 Other	
Medical Event		In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Skilled nursing care	30% <u>coinsurance</u>	40% <u>coinsurance</u>	Limited to 60 days per year
	Durable medical equipment	30% <u>coinsurance</u>	40% <u>coinsurance</u>	None
	Hospice services	30% <u>coinsurance</u>	40% <u>coinsurance</u>	None
If your child needs dental or eye care	Children's eye exam	30% <u>coinsurance</u>	40% <u>coinsurance</u>	Limited to 1 exam per year
	Children's glasses	30% <u>coinsurance</u>	40% <u>coinsurance</u>	Limited to 1 item per year
	Children's dental check-up	Not Covered	Not Covered	None
Excluded Services & Other Covered Services:				
Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)				

• Abortion (except in case of rape, incest, or when life of mother is endangered)	Hearing aids	 Private-duty nursing
Acupuncture	Infertility treatment	 Routine eye care (Adult)
Bariatric surgery	Long-term care	Routine foot care
Dental care (Adult)	 Non-emergency care when traveling outside the U.S. 	
Other Covered Services (Limitations may apply	to these services. This isn't a complete list. Please	see your <u>plan</u> document.)
Chiropractic care	 Cosmetic surgery limited to reconstructive surger to restore function 	 Weight loss programs (4 visits per year for nutritional counseling)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or www.oci.ga.gov, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.oci.ga.gov, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Georgia Department of Insurance, 1-800-656-2298 or <u>www.oci.ga.gov.</u>

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have <u>minimum essential coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-833-613-2262. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijgo holne' 1-833-613-2262.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>copayment</u> 	\$500 \$40 30% \$20	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>copayment</u> 	\$500 \$40 30% \$20	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>copayment</u> 	\$500 \$40 30% \$20
This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests(ultrasounds and blood work)Specialistvisit (anesthesia)		This EXAMPLE event includes services like:Primary care physician office visits (including diseaseeducation)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like: <u>Emergency room care</u> (including medical supplies) <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$500	Deductibles	\$300	Deductibles	\$500
	\$40	Copayments	\$700	<u>Copayments</u>	\$100
<u>Copayments</u>	ψ+0				
Copayments Coinsurance	\$2,500	Coinsurance	\$0	<u>Coinsurance</u>	\$600
	\$2,500		\$0	Coinsurance What isn't covered	\$600
Coinsurance	\$2,500	Coinsurance	\$0 		\$600 \$0

reduce your costs.For more information about the wellness program, please contact: