Coverage for:Individual or Individual + Family |Plan Type:PPO

SoloCare Standard Silver PPO Chiro 40379-03

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1- 866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1- 866-403-2785 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP <u>referral</u> at non-IHCP; or In Network: \$5,000/Individual, \$10,000/Family Out of Network: \$20,000/Individual, \$40,000/Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> . amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Preventive</u> <u>care/screening</u> /immunization. Additional details included per service category elsewhere in this SBC.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	\$0 at Indian Health Care <u>Provider</u> (IHCP) or with IHCP referral at non-IHCP	You don't have to meet a <u>deductible</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	In Network: \$8,000/Individual, \$16,000/Family Out of Network: Not Applicable	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a referral
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.alliantplans.com</u> or call 1-866-403- 2785 for a list of <u>network providers</u> .	This plan uses a <u>provider network</u> . <u>You will pay less if you use a provider</u> , in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, <u>balance-billing</u> charges (unless balance billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

		What You Will Pay				
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider In-Network Provider (You will pay less)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness.	No Charge	\$40 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	None	
	<u>Specialist</u> visit	No Charge	\$80 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	None	
	Preventive care/screening/immunization	No Charge	No Charge	40% <u>coinsurance</u>	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
lf you have a test	Diagnostic test (x-ray, blood work)	No Charge	40% coinsurance	40% coinsurance	None	
If you have a test	Imaging (CT/PET scans, MRIs)	No Charge	40% coinsurance	40% coinsurance	None	
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at www.alliantplans.com	Generic drugs	No Charge	\$20 <u>copayment</u> , <u>Deductible</u> does not apply	\$20 <u>copayment</u> , <u>Deductible</u> does not apply	Deductibles apply unless stated ' <u>deductible</u> does not apply'. After meeting the <u>deductible</u> , <u>copayments</u> or <u>coinsurance</u> are due. Full drug cost may be required before copayment	
	Preferred brand drugs	No Charge	\$40 <u>copayment,</u> <u>Deductible</u> does not apply	\$40 <u>copayment,</u> <u>Deductible</u> does not apply		
	Non-preferred brand drugs	No Charge	\$80 <u>copayment</u>	\$80 <u>copayment</u>		
	Specialty drugs	No Charge	\$350 <u>copayment</u>	\$350 <u>copayment</u>		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	40% coinsurance	40% coinsurance	None	

		What You Will Pay				
Common Medical Event	Services You May Need	Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP Provider In-Network Provider (You will pay less)	Non-IHCP Out-of- Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Physician/surgeon fees	No Charge	40% coinsurance	40% <u>coinsurance</u>	None	
	Emergency room care	No Charge	40% coinsurance	40% coinsurance	None	
If you need immediate medical	Emergency medical transportation	No Charge	40% coinsurance	40% coinsurance	None	
attention	<u>Urgent care</u>	No Charge	\$60 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	None	
If you have a	Facility fee (e.g., hospital room)	No Charge	40% <u>coinsurance</u>	40% <u>coinsurance</u>	None	
hospital stay	Physician/surgeon fees	No Charge	40% coinsurance	40% coinsurance	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No Charge	\$40 copayment/visit and 40% <u>coinsurance</u> for other outpatient services, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	None	
	Inpatient services	No Charge	40% coinsurance	40% coinsurance	None	
lf you are pregnant	Office visits	No Charge	\$40 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	Office Visits after confirmation of Pregnancy are subject to <u>Coinsurance</u> . <u>Cost-sharing</u> does not apply for <u>preventive</u> <u>services</u> . Office Visits unrelated to Pregnancy are subject to the PCP or Specialist Copay. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery professional services	No Charge	40% coinsurance	40% coinsurance	None	

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	Childbirth/delivery facility services	No Charge	40% coinsurance	40% coinsurance	None	
	Home health care	No Charge	40% coinsurance	40% coinsurance	Limited to 120 visits per year	
If you need help recovering or have other special health needs	Rehabilitation services	No Charge	\$40 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% <u>coinsurance</u>	Limited to 40 visits per year	
	Habilitation services	No Charge	\$40 <u>copayment</u> /visit, <u>Deductible</u> does not apply	40% coinsurance	Limited to 40 visits per year	
	Skilled nursing care	No Charge	40% coinsurance	40% coinsurance	Limited to 60 days per year	
	Durable medical equipment	No Charge	40% coinsurance	40% coinsurance	None	
	Hospice services	No Charge	40% coinsurance	40% coinsurance	None	
If your child needs dental or eye care	Children's eye exam	No Charge	40% coinsurance	40% coinsurance	Limited to 1 exam per year	
	Children's glasses	No Charge	40% coinsurance	40% coinsurance	Limited to 1 item per year	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
• Abortion (except in case of rape, incest, or when life of mother is endangered)	Hearing aids	 Private-duty nursing 			
Acupuncture	Infertility treatment	Routine eye care (Adult)			
Bariatric surgery	Long-term care	Routine foot care			
Dental care (Adult)	 Non-emergency care when traveling outside the U.S. 				
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)					
Chiropractic care	Cosmetic surgery limited to reconstructive surgery	 Weight loss programs (4 visits per year for 			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or www.oci.ga.gov, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

nutritional counseling)

to restore function

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Georgia Department of Insurance, 1-800-656-2298 or <u>www.oci.ga.gov.</u>

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have <u>minimum essential coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-833-613-2262.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-613-2262.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a B (9 months of in-network pre-natal c delivery)		Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
The plan's overall deductible\$5,000Specialist copayment\$80Hospital (facility) coinsurance40%Other copayment\$40		 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>copayment</u> 	\$5,000 \$80 40% \$40	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>coinsurance</u> Other <u>copayment</u> 	\$5,000 \$80 40% \$40
This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests(ultrasounds and blood work)Specialistvisit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianPrimary care physicianoffice visits (including diseaseeducation)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$0	Deductibles	\$0	Deductibles	\$0
<u>Copayments</u>	\$0	<u>Copayments</u>	\$0	Copayments	\$0
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$7,150	The total Joe would pay is	\$1,520	The total Mia would pay is	\$2,500

Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP <u>provider</u> without a <u>referral</u> from an IHCP your costs may be higher.