SoloCare Standard Gold PPO Chiro 40378-03

Coverage for:Individual or Individual + Family |Plan Type:PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-403-2785 or visit www.alliantplans.com. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov or call 1-866-403-2785 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|---|--|
| What is the overall deductible? | \$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP; or In Network: \$1,500/Individual, \$3,000/Family Out of Network: \$20,000/Individual, \$40,000/Family | Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> . amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your deductible? | Yes. Preventive care/screening/immunization. Additional details included per service category elsewhere in this SBC. | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | \$0 at Indian Health Care Provider (IHCP) or with IHCP referral at non-IHCP | You don't have to meet a <u>deductible</u> for specific services. |
| What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ? | In Network: \$7,800/Individual, \$15,600/Family Out of Network: Not Applicable | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limits</u> has been met. |
| Do you need a <u>referral</u> to see a <u>specialist</u> ? | No. | You can see the specialist you choose without a referral |
| Will you pay less if you use a network provider? | Yes. See www.alliantplans.com or call 1-866-403-2785 for a list of network providers. | This plan uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> , in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> , for the difference between the <u>provider's</u> charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> , before you get services. |
| What is not included in the out-of-pocket limit? | Premiums, balance-billing charges (unless balance billing is prohibited), and health care this plan doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> . |

01/01/2025 | Individual HIOS Plan ID: 83761GA0040378032025



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

| | Services You May Need | What You Will Pay | | | | |
|---|---|--|--|--|---|--|
| Common Medical Event | | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP Provider In-Network Provider (You will pay less) | Non-IHCP Out-of- Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information | |
| If you visit a health care <u>provider's</u> office or clinic | Primary care visit to treat an injury or illness. | No Charge | \$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply | 40% coinsurance | None | |
| | Specialist visit | No Charge | \$60 <u>copayment</u> /visit, <u>Deductible</u> does not apply | 40% coinsurance | None | |
| | Preventive care/screening/immunization | No Charge | No Charge | 40% coinsurance | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. | |
| If you have a test | Diagnostic test (x-ray, blood work) | No Charge | 25% coinsurance | 40% coinsurance | None | |
| | Imaging (CT/PET scans, MRIs) | No Charge | 25% coinsurance | 40% coinsurance | None | |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.alliantplans.com | Generic drugs | No Charge | \$15 <u>copayment</u> , <u>Deductible</u> does not apply | \$15 <u>copayment</u> , <u>Deductible</u> does not apply | Deductibles apply unless stated 'deductible does not apply'. After meeting the deductible, copayments or coinsurance are due. Full drug | |
| | Preferred brand drugs | No Charge | \$30 <u>copayment</u> , <u>Deductible</u> does not apply | \$30 <u>copayment</u> , <u>Deductible</u> does not apply | | |
| | Non-preferred brand drugs | No Charge | \$60 <u>copayment</u> , <u>Deductible</u> does not apply | \$60 <u>copayment</u> , <u>Deductible</u> does not apply | cost may be required before copayment | |

| | | What You Will Pay | | | | |
|--|--|--|---|--|---|--|
| Common Medical Event | Services You May Need | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP Provider In-Network Provider (You will pay less) | Non-IHCP Out-of- Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information | |
| | Specialty drugs | No Charge | \$250 <u>copayment</u> , <u>Deductible</u> does not apply | \$250 <u>copayment</u> , <u>Deductible</u> does not apply | | |
| If you have | Facility fee (e.g., ambulatory surgery center) | No Charge | 25% coinsurance | 40% coinsurance | None | |
| outpatient surgery | Physician/surgeon fees | No Charge | 25% coinsurance | 40% coinsurance | None | |
| | Emergency room care | No Charge | 25% coinsurance | 25% coinsurance | None | |
| If you need immediate medical | Emergency medical transportation | No Charge | 25% coinsurance | 25% <u>coinsurance</u> | None | |
| attention | Urgent care | No Charge | \$45 <u>copayment</u> /visit, <u>Deductible</u> does not apply | 40% coinsurance | None | |
| If you have a | Facility fee (e.g., hospital room) | No Charge | 25% coinsurance | 40% coinsurance | None | |
| hospital stay | Physician/surgeon fees | No Charge | 25% coinsurance | 40% coinsurance | None | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | No Charge | \$30 copayment/visit and 25% coinsurance for other outpatient services, Deductible does not apply | 40% coinsurance | None | |
| | Inpatient services | No Charge | 25% coinsurance | 40% coinsurance | None | |
| If you are pregnant | Office visits | No Charge | \$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply | 40% coinsurance | Office Visits after confirmation of Pregnancy are subject to Coinsurance. Cost-sharing does not apply for preventive services. Office Visits unrelated to Pregnancy are subject to the PCP or Specialist Copay. Maternity | |

| | Services You May Need | What You Will Pay | | | |
|---|---|--|--|--|---|
| Common Medical Event | | Indian Health Care Provider (IHCP) (You will pay the least) | Non-IHCP Provider In-Network Provider (You will pay less) | Non-IHCP Out-of- Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | | | | | care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
| | Childbirth/delivery professional services | No Charge | 25% coinsurance | 40% coinsurance | None |
| | Childbirth/delivery facility services | No Charge | 25% coinsurance | 40% coinsurance | None |
| If you need help recovering or have other special health needs | Home health care | No Charge | 25% coinsurance | 40% coinsurance | Limited to 120 visits per year |
| | Rehabilitation services | No Charge | \$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply | 40% coinsurance | Limited to 40 visits per year |
| | Habilitation services | No Charge | \$30 <u>copayment</u> /visit, <u>Deductible</u> does not apply | 40% coinsurance | Limited to 40 visits per year |
| | Skilled nursing care | No Charge | 25% coinsurance | 40% coinsurance | Limited to 60 days per year |
| | Durable medical equipment | No Charge | 25% coinsurance | 40% coinsurance | None |
| | Hospice services | No Charge | 25% coinsurance | 40% coinsurance | None |
| If your child needs dental or eye care | Children's eye exam | No Charge | 25% coinsurance | 40% coinsurance | Limited to 1 exam per year |
| | Children's glasses | No Charge | 25% coinsurance | 40% coinsurance | Limited to 1 item per year |
| | Children's dental check-up | Not Covered | Not Covered | Not Covered | None |

Excluded Services & Other Covered Services:

- Abortion (except in case of rape, incest, or when life of mother is endangered)
- Hearing aids

Private-duty nursing

Acupuncture

Infertility treatment

Routine eve care (Adult)

Bariatric surgery

Long-term care

Routine foot care

- Dental care (Adult)
 - Non-emergency care when traveling outside the U.S.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care

- Cosmetic surgery limited to reconstructive surgery Weight loss programs (4 visits per year for to restore function
 - nutritional counseling)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Alliant Health Plans at 1-866-403-2785, the Georgia Department of Insurance, 1-800-656-2298 or www.oci.ga.gov, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Georgia Department of Insurance, 1-800-656-2298 or www.oci.ga.gov.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have minimum essential coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-613-2262.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-613-2262.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-613-2262.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-613-2262.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

| Peg is Having a B (9 months of in-network pre-natal c delivery) | | Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition) | | Mia's Simple Fracture (in-network emergency room visit and follow up care) | |
|---|--------------|--|---------|---|--------------------------------|
| ■ The plan's overall deductible \$1,500 ■ Specialist copayment \$60 ■ Hospital (facility) coinsurance 25% ■ Other copayment \$30 | | ■ Specialist copayment \$60 ■ Hospital (facility) coinsurance 25% | | The plan's overall deductible Specialist copayment Hospital (facility) coinsurance Other copayment | \$1,500 \$60 25% \$30 |
| This EXAMPLE event includes see Specialist office visits (prenatal care Childbirth/Delivery Professional Ser Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and be Specialist visit (anesthesia) | e) rvices | This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter) | | This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy) | |
| Total Example Cost | \$12,700 | Total Example Cost | \$5,600 | Total Example Cost | \$2,800 |
| In this example, Peg would pay: | | In this example, Joe would pay: | | In this example, Mia would pay: | |
| Cost Sharing | | Cost Sharing | | Cost Sharing | |
| <u>Deductibles</u> | \$0 | <u>Deductibles</u> | \$0 | <u>Deductibles</u> | \$0 |
| Copayments | \$0 | Copayments | \$0 | Copayments | \$0 |
| Coinsurance | \$0 | Coinsurance | \$0 | Coinsurance | \$0 |
| What isn't covered | | What isn't covered | | What isn't covered | |
| Limits or exclusions | \$60 | Limits or exclusions | \$20 | Limits or exclusions | \$0 |
| The total Peg would pay is | \$3,730 | The total Joe would pay is | \$1,320 | The total Mia would pay is | \$1,900 |

Note: These numbers assume the patient received care from an IHCP <u>provider</u> or with IHCP <u>referral</u> at a non-IHCP. If you receive care from a non-IHCP <u>provider</u> without a <u>referral</u> from an IHCP your costs may be higher.