

Attention Deficit Hyperactivity Disorder (ADHD)

Follow-up for children prescribed ADHD medication, ages 6-12 years old

What are the current recommendations?

Alliant wants to emphasize the importance of follow-up care for children ages 6-12 years of age who are prescribed an ADHD medication, or who are resuming a medication after a “drug holiday.”

1. **Initiation Phase:** We track the percentage of members 6–12 years of age who have had a prescription dispensed for ADHD medication, and who have had one follow-up visit with a practitioner who has prescribing authority, during the 30-day Initiation Phase.
2. **Continuation and Maintenance (C&M) Phase:** Then, we measure the percentage of members 6–12 years of age who have remained on the medication for at least 210 days and who, in addition to the visit in the Initiation Phase, had at least two follow-up visits with a practitioner within 270 days (9 months) after the Initiation Phase ended.

Guidelines state that children are to have a follow-up visit with the prescribing provider within 30 days of being prescribed ADHD medication. Communication with the parent/caregiver is vital, as they must understand the necessity for the child to have a 30-day follow-up visit in order to discuss and assess effects of the medication. If needed, additional resources and information can be given during this visit.